

**Connecting the Dots between Systems,  
Communities, and Individuals through a Two  
Year Community Engagement Course Series**

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2019 California Statewide Summit between Academia and Practice  
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NURSING CURRICULUM for students admitted beginning Fall 2018 / Spring 2019

\*\*\*\*Simulation Integrated into each Practice Course

Year 3	Semester 1	Units
NURS310	Foundations of Professional Nursing	2
NURS311	Nursing Interventions 1	1
NURS314	Mental Health and Psychiatric Nursing	2
NURS315	Mental Health and Psychiatric Nursing Practice	2
NURS312	Health Assessment	2
NURS313	Health Assessment Lab	1
NURS316	Clinical Pathophysiology	3
NURS317	Community Engagement Nursing 1	1
	<b>Total Semester Units</b>	<b>14</b>
Semester 2		
NURS320	Nursing Care of Adults 1	2
NURS321	Nursing Interventions 2	1
NURS323	Nursing Care of Adults 1 Practice	4
NURS322	Aging in Health and Illness	2
NURS326	Pharmacology for Nursing Practice	2
NURS327	Community Engagement 2	1
HDEV 380	D4 Lifespan Human Development	3
	<b>Total Semester Units</b>	<b>15</b>
Year 4	Semester 3	Units
NURS410	Maternity Nursing	2
NURS411	Maternal Newborn Nursing Practice	2
NURS412	Pediatric Nursing	2
NURS413	Pediatric Nursing Practice	2
NURS414	Legal Issues in Nursing Practice	1
NURS 415	Transitions of Care	1
NURS417	Community Engagement 3	1
HIST 477	C4 History and Trends in Nursing	3
	<b>Total Semester Units</b>	<b>14</b>
Semester 4		
NURS420	Nursing Care of Adults 2	2
NURS421	Nursing Care of Adults 2 Practice	4
NURS422	Evidence-Based Practice and Nursing Research	2
NURS423	Leadership in Nursing	2
NURS427	Community Engagement 4	1
	B6 Upper Division Science	3
	<b>Total Semester Units</b>	<b>14</b>
Semester 5		
NURS450	Community Health Nursing	2
NURS451	Community Health Nursing Practice	2
NURS452	Preceptorship Synthesis	14
NURS453	Preceptorship Practicum	
NURS ELE	Elective	2
	<b>Total Semester Units</b>	<b>11</b>
	<b>SEMESTER UNITS FOR MAJOR</b>	<b>68</b>

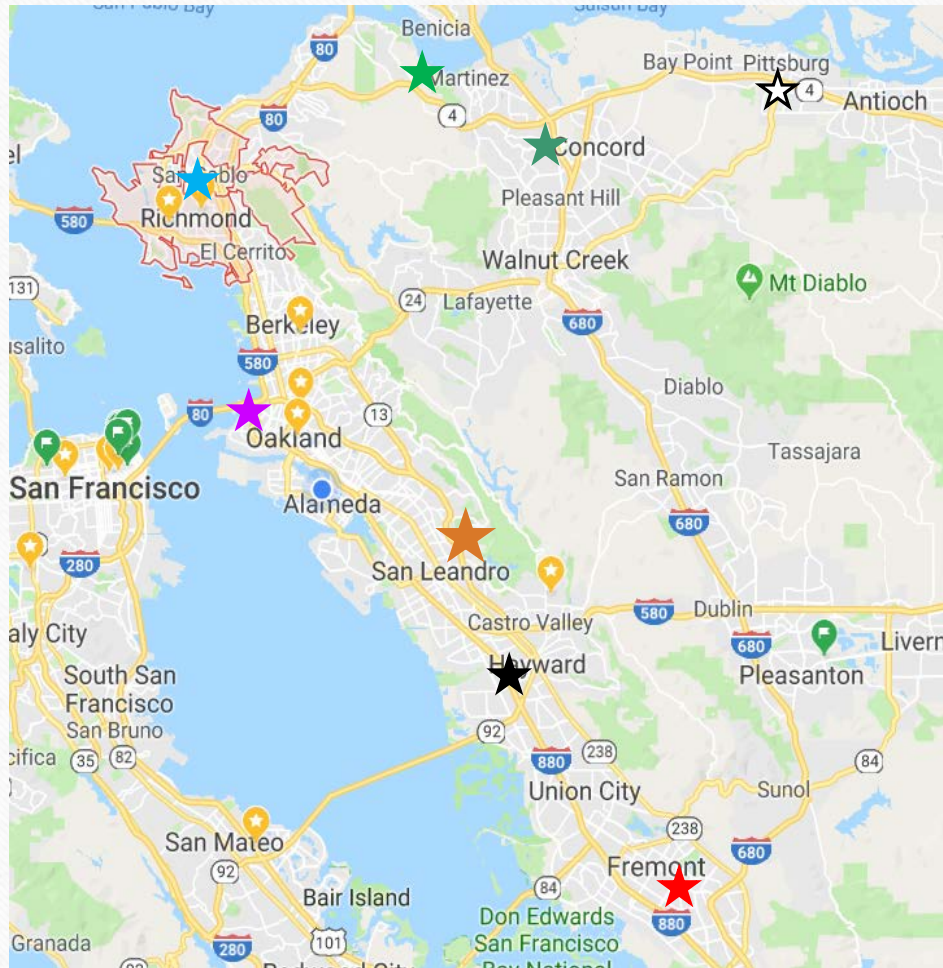
Electives: NURS301 Nutrition and Medical Nutrition Therapy 3U; NURS 302 Success in Nursing 1U; NURS497 Current Issues in Professional Nursing 1U, NURS492 Global Health in Nursing 1U, NURS 493 Nursing Research in Global Health, NURS494 Essentials of Critical Care Nursing 2U, NURS495 Palliative Care in the Community 2U, NURS496 Introduction to Healthcare Informatics 1U, NURS490 Independent Study 1-12U

updated 6/22/2017

## CONTEXT

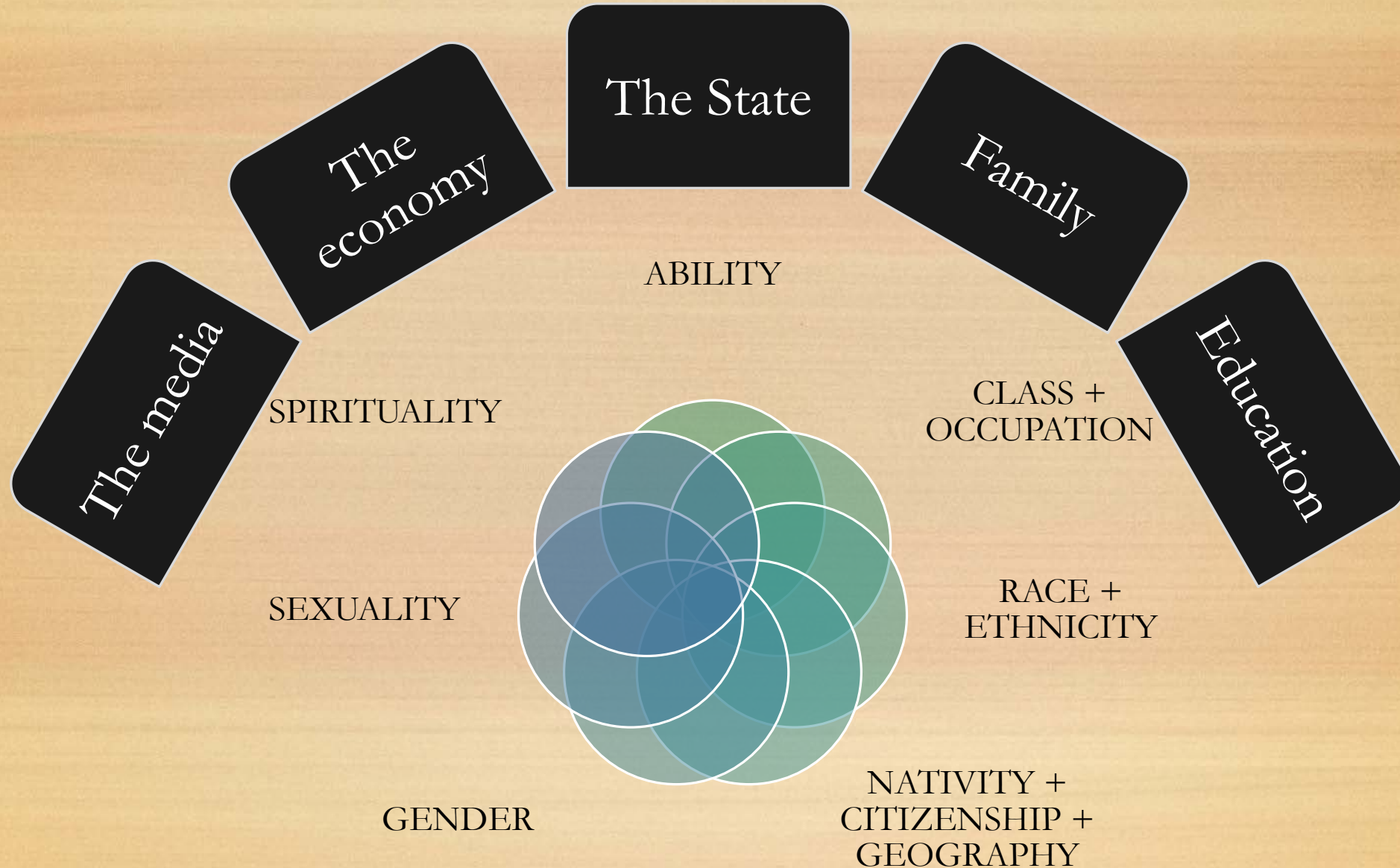
- California State University, East Bay: Hayward and Concord cohorts
- Semester conversion: 2018-2019
- Community concepts introduced and scaffolded across first 4 semesters leading up to Community Health Nursing (theory and practicum) during semester 5
- Each semester: 8 sections per campus with 14-18 students per section
- Each course: 3 seminars + 2-3 field days (10 hours in the field)
- Implications for Community Health Nursing



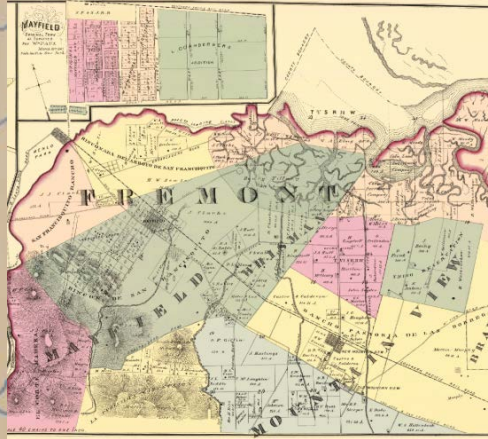


- Tour of Sanitary District & Contra Costa Water District
- Monument Crisis Center
- City Community Development Department
- Loaves and Fishes
- Senior Community Center
- Amtrak Station
- Choice in Aging
- West Contra Costa Nutrition Project
- Greater Richmond Interfaith Program
- Native American Clinic, Food banks and Rescue Mission
- Alameda County Mental Health Advisory Board
- Alameda County Commission on Aging
- Tour of 211 Alameda County & The Hub (Hayward families)
- Meeting with mayoral candidate and elected mayor
- Hayward Area Historical Society; South Hayward Parish
- Nurse Family Partnership
- Head Start & WIC; East Bay Crisis Nursery; Black Infant Health
- Davis Street Family Resource Center; Redlining exercise
- Fremont Family Resource Center

# How do social institutions and social structures interact to shape health as we age?







## ASSIGNMENTS

- Reflective journals (2-3 per course)
  - Multiple determinants of health: cultural, political, geographic, social, economic, historical, etc.
  - Application to nursing practice
  - Connecting the dots among all their courses that semester
- Policy packet
  - 'Health in all policies' packet per location





★ “Since the areas near the shore line are for industrialized land use, families, children, and students suffer from having increased exposure to toxins. In relation to our Pathophysiology course, prolonged exposure to these toxins puts people further at risk for developing health.”

★ “In clinical pathophysiology we learned about multiple diseases, many of which have an etiology involving unhealthy lifestyles that can be traced to poorer living conditions. I interviewed individuals who were homeless and I heard first hand accounts of their experiences in “the system” and how, in many situations, established institutions had failed them.”

★ “Each course this semester complemented each other and had overlapping themes of respect and dignity. It is so important to consider someone’s environment instead of just telling them to change their lifestyle, and taking the time to actively listen.”

★ “In all of our courses, we are being made to realize the bigger picture of what it means to be a nurse. Our goal is to inform, teach, support, encourage, inspire, and advocate for the patient. Even more so, our goal is to extend what we learn in the classroom and apply it not only to the clinical setting but to our every day lives as community members as well.”